

 **2SAFE Consulting**  
All your Training and Environmental Needs

Phone: 516-513-0934  
[www.2safeconsulting.com](http://www.2safeconsulting.com)

Fax: 516-977-3800  
[kpanel1a@2safeconsulting.com](mailto:kpanel1a@2safeconsulting.com)

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## **2010 Training Calendar**



HAS TEAMED UP WITH



*....and formed a state of the art Training Facility to serve all your training needs.*

The new **Certification Center Inc.** is located at **42-78 Main Street, Flushing, NY 11355**. Listed below is just a small list of the courses we offer.

### **10-Hour OSHA Construction Safety Training** – Price \$225

As of July 18, 2008, New York State requires all laborers, workers, and mechanics to be certified in this training class. The 10-hour program is intended to provide a variety of training on construction safety and health to entry level workers. Each class is specifically geared towards your type of business. This is an introduction to OSHA.

January 4<sup>th</sup> & 5<sup>th</sup> 8:30am – 1:30pm

After Hours Class February 22<sup>nd</sup> - 26<sup>th</sup> 5:30pm – 7:30pm

March 1<sup>st</sup> & 2<sup>nd</sup> 8:30am – 1:30pm

Saturday Class May 1<sup>st</sup> 7:30am to 6:30pm

June 7<sup>th</sup> & 8<sup>th</sup> 8:30am – 1:30pm

October 4<sup>th</sup> & 5<sup>th</sup> 8:30am – 1:30pm

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### **30-Hour OSHA Construction Industry Safety Training** – Price \$500

The 30-hour program is intended to provide a variety of training to people with some safety responsibility. Each class is specifically geared towards your type of business. Topics typically include Occupational Health and Environmental Controls (emphasis on Hazard Communication), Health Hazards in Construction, Personal Protective and Lifesaving Equipment, Fire Protection and Prevention, Materials Handling, Storage, Tools - Hand and Power, Welding and Cutting, Scaffolds, ect.

February 8<sup>th</sup> - 11<sup>th</sup> 8:30am – 4:30pm

April 19<sup>th</sup> - 22<sup>nd</sup> 8:30am – 4:30pm

July 19<sup>th</sup> - 22<sup>nd</sup> 8:30am – 4:30pm

November 8<sup>th</sup> – 11<sup>th</sup> 8:30am – 4:30pm





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## **2010 Training Calendar**

### **40-Hour Hazardous Waste Worker (HAZWOPER) – Price \$750**

All employees working on a hazardous waste site (such as but not limited to equipment operators, general laborers and others) exposed to hazardous substances, health hazards, or safety hazards need to receive training meeting the requirements of OSHA regulations. This training must be performed before they are permitted to engage in hazardous waste operations that could expose them to hazardous substances, safety, or health hazards. They will need to receive annual review training thereafter (8-Hour Hazardous Waste Worker Refresher). Topics will include personnel typically responsible for site safety and health, typical hazards present on the site, use of personal protective equipment, work practices by which the employee can minimize risks from hazards, safe use of engineering controls and equipment on the site, medical surveillance requirements including recognition of symptoms and signs which might indicate over exposure to hazards.



January 25<sup>th</sup> - 29<sup>th</sup> 8:30am – 5:00pm  
 March 8<sup>th</sup> - 12<sup>th</sup> 8:30am – 5:00pm

June 21<sup>st</sup> – 25<sup>th</sup> 8:30am – 5:00pm  
 November 15<sup>th</sup> – 19<sup>th</sup> 8:30am – 5:00pm

### **24-Hour Technician HAZWOPER – Price \$350**

Training requirements under 29 CFR 1910.120 Hazardous Waste Operator and Emergency Response (HAZWOPER) regulations are divided into three sections. One is for "site workers", one is for TSDFs, and the other is for "emergency responders". Employees who would have the responsibility of stopping an accidental release would need to be trained at the technician level. OSHA states in 1910.120 (q)(6)(iii) Technicians respond for the purpose of stopping the release and shall have received at least 24 hours of training equal to the first responder operations level.



January 25<sup>th</sup> - 27<sup>th</sup> 8:30am – 5:00pm  
 March 8<sup>th</sup> - 10<sup>th</sup> 8:30am – 5:00pm

June 21<sup>st</sup> – 23<sup>rd</sup> 8:30am – 5:00pm  
 November 15<sup>th</sup> – 17<sup>th</sup> 8:30am – 5:00pm

### **8-Hour Hazardous Waste Worker (Refresher) – Price \$200**

In order to keep abreast of ever changing regulations and technology HAZWOPER trainees are required to receive annual refresher training. The Refresher course is also a forum to critique any incidents which have occurred in the past year. The course provides workers with updated information designed to maintain professional competency and provides a general review of fundamental safety topics.



January 29<sup>th</sup> 8:30am – 5:00pm  
 March 12<sup>th</sup> 8:30am – 5:00pm  
 June 25<sup>th</sup> 8:30am – 5:00pm  
 November 19<sup>th</sup> 8:30am – 5:00pm



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## **2010 Training Calendar**

### Powered Industrial Trucks Safety Class (Forklifts) - 29CFR 1910.178 – Price \$175

Only trained and authorized employees may operate a forklift—even if you're an experienced operator, you must complete a training evaluation before you can operate a forklift. Each person will receive a certificate, along with a wallet card stating what they were trained on. Forklifts can do many useful jobs, but they also can be very dangerous—they cause thousands of serious accidents and injuries each year. Potential forklift hazards include: Tipping over, Falling off docks and ramps, Colliding with persons, objects, or other vehicles, Fires or explosions from improper maintenance, fueling, or re-charging. All classes comply with the OSHA regulations and the ANSI Standards. Each person will receive a certificate, along with a wallet card.



February 5<sup>th</sup> 8:30am – 1:30pm

October 15<sup>th</sup> 8:30am – 1:30pm

April 23<sup>rd</sup> 8:30am – 1:30pm

December 17<sup>th</sup> 8:30am – 1:30pm

July 30<sup>th</sup> 8:30am – 1:30pm

### Permit-Required Confined Space Safety - 29CFR 1910.146 – Price \$200

A permit-required confined space is defined as a space large enough and so configured that an employee can bodily enter and perform assigned work, has limited or restricted means for entry or exit (for example, tanks, vessels, silos, storage bins, hoppers, vaults, and pits are spaces that may have limited means of entry) and is not designed for continuous employee occupancy. OSHA regulations state that the employer must provide training so that all employees whose work involves entering a confined space must acquire the understanding, knowledge, and skills necessary for the safe performance of the duties assigned within a confined space. Training will include introduction to confined spaces and the OSHA Standard (29 CFR 1910.146), evaluation of confined spaces, nonpermit vs. permit confined spaces, program requirements, entry permits, training requirements, atmospheric monitoring, lockout tagout procedures, ventilation, personal protection equipment and rescue requirements.



February 16<sup>th</sup> 8:30am – 5:00pm

June 14<sup>th</sup> 8:30am – 5:00pm

April 6<sup>th</sup> 8:30am – 5:00pm

September 20<sup>th</sup> 8:30am – 5:00pm

### 2-Hour Hazard Communication Program - 29CFR 1910.1200 – Price \$125

One of the major goals of the Occupational Safety and Health Administration (OSHA) is to regulate industries to promote safe work practices in an effort to minimize the incidence of employee illnesses and injuries. OSHA has issued the Hazard Communication Standard, codified as 29 CFR 1910.1200. The purpose of the Hazard Communication Standard is to establish uniform work place requirements for the communication of information regarding hazards and hazardous chemicals to all potentially exposed employees.



January 6<sup>th</sup> 8:30am – 10:30am

June 8<sup>th</sup> 3:00pm – 5:00pm

February 17<sup>th</sup> 11:00am – 1:00pm

August 6<sup>th</sup> 11:00am – 1:00pm

March 8<sup>th</sup> 11:00am – 1:00pm

September 17<sup>th</sup> 8:30am – 10:30am

May 11<sup>th</sup> 8:30am – 10:30am

October 25<sup>th</sup> 3:00pm – 5:00pm



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## **2010 Training Calendar**

### **2-Hour Asbestos Awareness Training - 29CFR 1910.1001** – Price \$125

Asbestos is well recognized as a health hazard and is highly regulated. Primarily employees in construction and general industry face significant asbestos exposure on the job, particularly during the removal of asbestos during renovation or demolition. Asbestos is a respiratory hazard and respiratory/gastro intestinal carcinogen. Exposure to asbestos occurs when respirable fibers are released into the air and then inhaled. Since exposure occurs when asbestos is inhaled, the best way to prevent exposure is to prevent asbestos fibers from becoming airborne. The seminar will cover asbestos-containing materials, how to respond to asbestos emergencies, recognize asbestos hazards, and how to prevent exposure to themselves and building occupants. The class satisfies the AHERA and OSHA Class IV requirements for training employees who have the potential to come into contact with, but do not disturb asbestos containing materials.



January 6<sup>th</sup> 11:00am – 1:00pm  
February 17<sup>th</sup> 8:30am – 10:30am  
March 8<sup>th</sup> 3:00pm – 5:00pm  
May 11<sup>th</sup> 11:00am – 1:00pm

June 8<sup>th</sup> 8:30am – 10:30am  
August 6<sup>th</sup> 3:00pm – 5:00pm  
September 17<sup>th</sup> 11:00am – 1:00pm  
October 25<sup>th</sup> 11:00am – 1:00pm

### **2-Hour Lead Based Paint Awareness Training - 29CFR 1910.1025** – Price \$125

Of the overexposures in industry, lead is one of the most common and is a leading cause of workplace illness. In general populations, lead may be present in hazardous concentrations in food, water, and air. Sources include paint, urban dust, and folk remedies. It is also a major potential public health risk. Lead poisoning is the leading environmentally induced illness in children. At greatest risk are children under the age of six because they are undergoing rapid neurological and physical development. The seminar will cover the specific nature of the operations which could result in exposure to lead, including information concerning the adverse health effects associated with excessive exposure to lead (with particular attention to the adverse reproductive effects on both males and females). We will additionally cover the purpose, proper selection, fitting, use, and limitations of respirators, the purpose and a description of a medical surveillance program, and the medical removal protection program and finally the engineering controls and proper work practices when dealing with lead surfaces.

January 6<sup>th</sup> 3:00pm – 5:00pm  
February 17<sup>th</sup> 3:00pm – 5:00pm  
March 8<sup>th</sup> 8:30am – 10:30am  
May 11<sup>th</sup> 3:00pm – 5:00pm

June 8<sup>th</sup> 11:00am – 1:00pm  
August 6<sup>th</sup> 8:30am – 10:30am  
September 17<sup>th</sup> 3:00pm – 5:00pm  
October 25<sup>th</sup> 8:30am – 10:30am



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## **2010 Training Calendar**

### **2-Hour Mold Awareness Training** – Price \$125

Poor indoor air quality is one of the most important health issues we face today. Molds and fungi are found in virtually every environment and can be detected, both indoors and outdoors, year round. The number of species of existing molds and fungi is estimated from tens of thousands to three hundred thousand or more. Molds and fungi produce and release millions of spores small enough to be air-, water-, or insect-borne. They can also produce toxic agents known as mycotoxins. Spores and mycotoxins can have negative effects on human health including allergic reactions, asthma and other respiratory problems. The seminar will cover the health effects of mold exposure, people at the greatest risk of health effects, how to recognize mold, prevent mold growth, and general mold cleanup tips.



January 7<sup>th</sup> 8:30am – 10:30am  
February 18<sup>th</sup> 3:00pm – 5:00pm  
March 9<sup>th</sup> 8:30am – 10:30am  
May 12<sup>th</sup> 3:00pm – 5:00pm

June 9<sup>th</sup> 11:00am – 1:00pm  
August 5<sup>th</sup> 8:30am – 10:30am  
September 16<sup>th</sup> 3:00pm – 5:00pm  
October 26<sup>th</sup> 8:30am – 10:30am

### **2-Hour Bloodborne Pathogen Training - 29CFR 1910.1030** – Price \$125

All employees who could be “reasonably anticipated” as the result of performing their job duties to face contact with blood and other potentially infectious materials are covered under this standard. Employees must be provided with bloodborne pathogen training at time of initial assignment to a job with occupational exposure and at least annually thereafter. This program consists of a copy of the standard, modes of transmission, hazard recognition, use of engineering controls, work practices and PPE, and a live question and answer session.

January 7<sup>th</sup> 3:00pm – 5:00pm  
February 18<sup>th</sup> 8:30am – 10:30am  
March 9<sup>th</sup> 3:00pm – 5:00pm  
May 12<sup>th</sup> 8:30am – 10:30am

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## 2010 Training Calendar

### TRAINING

2SAFE is a professional training provider that can evaluate and respond to your needs. We can provide both classroom and onsite training. The **Certification Center** is conveniently located at **42-78 Main Street, Flushing, NY**, with easy access off several major highways.



We also offer:

- CPR/First Aid Training
- Basic Life Support
- AED Installations

### ENVIRONMENTAL SERVICES

2SAFE will effectively consult and manage any of your environmental needs. Our honest and knowledgeable advice will assist you in completing your project. Keeping your costs down are always our concern. 2SAFE can ensure your companies compliance through many different vectors. Below is a small list of our main services:

- Environmental Compliance Audits
- Interaction with Governing Agencies
- Air Quality Assessments
- Water Quality Assessments
- Assist in maintaining and strengthening your company's Health and Safety Program



[Please feel free to contact us.](#)



# 2SAFE Consulting

All your Training and Environmental Needs

## **Registration Form**

Name: \_\_\_\_\_

Business Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_



Course(s)	Date(s)	Fees
Total:		

Payment Options:

Credit Card Payment     Visa     MasterCard    Amount: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

Check Enclosed, payable to 2SAFE Consulting    Check #: \_\_\_\_\_

*(Check must be received 5 days prior to scheduled class)*

Company Purchase Order Number: \_\_\_\_\_

*(Please fax a copy of the PO at time of Registration or attach to form when mailed)*

Email, mail or fax registration to:    Certification Center, Inc  
42-78 Main Street, Flushing, NY 11355

PH: 718-539-8800  
[www.2safeconsulting.com](http://www.2safeconsulting.com)

Fax: 718-353-9651  
[kpanel1a@2safeconsulting.com](mailto:kpanel1a@2safeconsulting.com)


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***2010 Training Calendar***

Course Title	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
10-Hour OSHA Construction Safety Training	4-5	22-26*	1-2		1**	7-8				4-5		
30-Hour OSHA Construction Industry Safety Training	8-11			19-22			19-22				8-11	
40-Hour Hazardous Waste Worker (HAZWOPER)	25-29		8-12			21-25					15-19	
24-Hour Technician HAZWOPER	25-27		8-10			21-23					15-17	
8-Hour Hazardous Waste Worker (Refresher)	29		12			25					19	
Powered Industrial Trucks Safety Class (Forklifts)		5		23			30			15		17
8-Hour Permit-Required Confined Space Safety		16		6		14			20			
2-Hour Hazard Communication Program	6	17	8		11	8		6	17	25		
2-Hour Asbestos Awareness Training	6	17	8		11	8		6	17	25		
2-Hour Lead Based Paint Awareness Training	6	17	8		11	8		6	17	25		
2-Hour Mold Awareness Training	7	18	9		12	9		5	16	26		
2-Hour Bloodborne Pathogen Training	7	18	9		12	9		5	16	26		

\* After Hours Class

\*\* Saturday Class